

Recapturing My Mind —Move Forward!

Sunday February 21, 2021

Series: Moving Forward

“For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit.”
Romans 8:5 ESV

“But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law.”
Galatians 5:22–23 ESV

I. I Thwart Satan’s Attack with a Disciplined Mind

Peter’s Admonition

“Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour.”
1 Peter 5:8 ESV

“Therefore, preparing your minds for action, and being sober-minded,”
1 Peter 1:13a ESV

Paul’s Admonition

“Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm.”
Ephesians 6:13 ESV

“In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one;”
Ephesians 6:16 ESV

Jesus Response to Satan’s Attack with God’s Word

“But he answered, “It is written, “ ‘Man shall not live by bread alone, but by every word that comes from the mouth of God.’ ””
Matthew 4:4 ESV

II. Preparing Against Satan’s Six Favorite Arrows (Attacks)

“Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things.”
Philippians 4:8 ESV

1. Focus on What is True! - “whatever is true “

“You are of your father the devil, and your will is to do your father’s desires. He was a murderer from the beginning, and does not stand in the truth, because there is no truth in him. When he lies, he speaks out of his own character, for he is a liar and the father of lies.”
John 8:44 ESV

Be Wise to Satan’s Deceptions

- **Half Truths**—False Promise to Eve in the Garden (Genesis 3:5)
- **Misleading Truths**—Temptation of Jesus in the Wilderness (Matthew 4:6)
- **Manipulative Truth**—Jesus to Peter, “Get Behind me Satan!” (Mark 8:33)

2. Focus on What is Honorable! - “whatever is honorable“

“Deacons likewise must be dignified, not double-tongued, not addicted to much wine, not greedy for dishonest gain.”
1 Timothy 3:8 ESV

Be Wise to Satan’s Deceptions

- **Ministry Leaders** — Must be a person of honor (1 Timothy 3:8)
- **Men and Women**—Must be a person of honor (Titus 2:2, 1 Timothy 3:11)

3. Focus on What is Just! - “whatever is just“

“Little children, let no one deceive you. Whoever practices righteousness is righteous, as he is righteous.”
1 John 3:7 ESV

Sow a Thought - Reap and Action
Sow and Action - Reap a Lifestyle
Sow a Lifestyle - Reap Destruction

4. Focus on What is Pure! - “whatever is pure“

“And everyone who thus hopes in him purifies himself as he is pure.”
1 John 3:3 ESV

“I made a covenant with my eyes not to look lustfully at a girl.”

Job 31:1 NIV84

5. Focus on What is Lovely! - “whatever is lovely“

“Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.”

Ephesians 4:32 ESV

6. Focus on What is Commendable! - “whatever is commendable“

“Therefore encourage one another and build one another up, just as you are doing.”

1 Thessalonians 5:11 ESV

What One Arrow is Taking Me Down?

“if there is any excellence, if there is anything worthy of praise, think about these things.”

- **Recognize Satan’s Attack**
- **Put Up a Reminder to be On My Toes**
- **Rebuild My Shield of Faith (Memorize a Related Verse)**
- **Get Back Up (When I am Hit)**

“Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm.”

Ephesians 6:13 ESV