

“Contentment”

The Art of Divine Contentment Series

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What does contentment look like?

¹¹Not that I am speaking of being in need, for I have learned in whatever situation I am to be content. Philippians 4:11 ESV

Question 1: Should a Christian be insensible to his condition?

⁶Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you, ⁷casting all your anxieties on him, because he cares for you. 1 Peter 5: 6-7 ESV

Question 2: Should a Christian lay his grievances to God?

¹With my voice I cry out to the Lord;
with my voice I plead for mercy to the Lord.

² I pour out my complaint before him;
I tell my trouble before him.

³ When my spirit faints within me,
you know my way!
In the path where I walk
they have hidden a trap for me.

⁴ Look to the right and see:
there is none who takes notice of me;
no refuge remains to me;
no one cares for my soul.

⁵ I cry to you, O Lord;

I say, "You are my refuge,
my portion in the land of the living."

- ⁶ Attend to my cry,
for I am brought very low!
Deliver me from my persecutors,
for they are too strong for me!
- ⁷ Bring me out of prison,
that I may give thanks to your name!
The righteous will surround me,
for you will deal bountifully with me. Psalm 142 ESV

Question 3: What does contentment exclude?

Murmuring (Whining)
Chaos
Depression

What helps a Christian understand contentment?

Contentment is a Divine thing

⁵and constant friction among people who are deprived in mind and deprived of the truth, imagining that godliness is a means of gain. ⁶But godliness with contentment is great gain, ⁷for we brought nothing into the world, and we cannot take anything out of the world. 1 Timothy 6:5-7 ESV

"It becomes ours, not by acquisition—but as a gift from God. It is a slip taken off from the tree of life, and planted by the Spirit of God in the soul. It is a fruit that grows not in the garden of human learning—but is of a heavenly birth."

Thomas Watson

Contentment is an Internal thing

The heart knows its own bitterness,
and no stranger shares its joy. Proverbs 14:10 ESV

"It lies within a man; not in the bark—but the root.
Contentment has both its fountain and stream in the soul."
Thomas Watson

Contentment is a Habitual thing

How do you make things a habit in life?

What are some steps people use to make habits in their life?

We have a memory verse each month is it a habit to
memorize it?

What do your devotions look like on a daily basis?

What does it mean in the context of contentment?

"Contentment does not appear only now and then, as some stars which are seen but seldom; it is a settled temper of the heart". . . "It is not casual but constant." Thomas Watson

Conclusion

We all go through things in life. Life can be Chaotic and we may Whine or complain a bit, we might even be depressed from time to time. But, do not let that rob you of the contentment God has for you in every day life.

If we can remember that God has given us the ability to be content in all circumstances, and that we need to internalize it and make it habit we can be content in all circumstances within the will of God

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